



**The John Bentley School**  
An Outstanding Centre for Learning

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## **Sex & Relationships Education Policy**

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# The School Vision

An Outstanding Centre for Learning

This vision will be realised through ensuring that:

- Teaching will inspire, motivate and challenge students to learn.
- Every student will achieve more than they ever thought possible.
- The Calne area and community will be proud of JBS.
- We will fully support every individual in our school community.
- We will have an inspirational learning environment.

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### **Links to other documents:**

This policy should be read in conjunction with:

- Safeguarding Policy
  - Equality Statement
  - Anti-bullying Statement
  - Behaviour for Learning Policy
  - Health and Safety Policy
  - Radicalisation and Extremism Policy
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## Objectives

To ensure that the school's provision for sex and relationship education supports all students through their spiritual, moral, social and emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life.

## Key Roles and responsibilities

Assistant Headteacher has overall responsibility for the PSHE Programme including Sex and Relationships Education (SRE)

PSHE Co-ordinator and their team

Head of Year leading the Health and Well-being 2 PSHE Theme team and Director of Sixth Form have responsibility for the planning and delivery of SRE.

**Governor Teaching and Learning Committee is responsible for ensuring that statutory guidelines are met.**

## Statutory Requirements

To follow the national guidance and legal requirements as set down in the DfE SRE Guidance 2013.

## Aims of SRE:

- to teach a curriculum, which fulfils the entitlement of every child to learning in this area
- to teach, in a way that is sensitive to the cultural backgrounds of all pupils, about relationships, love and care and the responsibilities of parenthood, as well as about sex and sexuality
- to equip its pupils with knowledge, understanding and skills to enable them to make choices leading to a healthy lifestyle
- to provide appropriately for the distinctive needs of boys and girls in these aspects of their personal development
- to prepare young people for an adult life in which they can
  - develop positive values and a moral framework
  - be aware of their sexuality and understand human sexuality
  - understand the arguments for delaying sexual activity and for having protected sex
  - understand the consequences of their actions and behave responsibly
  - have the confidence and self-esteem to value themselves and others
  - communicate effectively
  - have information and skills to protect themselves and their partner from unwanted conceptions and Sexually Transmitted infections (STIs)
  - avoid being exploited or exploiting others or being pressured into unwanted or unprotected sex
  - access confidential sexual health advice/support/treatment
  - know how the law applies to sexual relationships
  - understanding the issue around sexual content on the internet, including porn
  - understanding esafety

## Content

The teaching of sex and relationship education will be integrated within wider themes of the PSHE & Citizenship curriculum. Content will be relevant to the age, experience, maturity of pupils. Progression will be spiral with topics revisited with increasing depth at each key stage. (See PSHE Programme)

Teaching of SRE will be linked to issues of peer pressure and other risk-taking behaviour such as drugs, smoking and alcohol. Aspects of SRE will be delivered through Science, RE and Drama. There is cross phase liaison to ensure consistency and progression.

## Delivery

SRE though PSHE is taught by discreet lessons by specialist teachers in KS3 and the PSHE Well-being Theme Team at KS4, led by a Head of Year. The School Counsellor is part of the team.

Teaching will be based on an understanding that a variety of approaches should be used in order to meet the differing needs and learning styles of students. It is recognized that active or participatory learning styles can be particularly helpful in developing skills, knowledge and values. At the start of a lesson *boundaries* will be discussed and set

Controversial issues are handled with honesty and balance

Students are arranged in single sex or mixed groups according to the topic and age group being taught. Students with SEND, EAL and other vulnerable students will be identified by the teacher and the delivery modified accordingly.

We use visitors (Police, School nurse, midwives, LA advisors) to support our planned teacher programme of education, in line with national and local guidance. We are careful to negotiate the use of visitors in line with the protocol for using visitors in Wiltshire Schools so that their contribution fits our needs and they are clear about how their input fits into our planned programme. The class teacher is always present when visitors work with our students.

Delivery of SRE through other curriculum areas is undertaken with the same sensitivity and safeguards as PSHE.

### **Assessment**

*Assessment through PSHE is continuous and undertaken through questioning, written work, questionnaires and student feedback*

### **Evaluation**

All sessions are evaluated by students and staff and changes made in this light of these to improve teaching and learning.

The theme team meet regularly to review lessons based on new guidelines, resources, their own experiences and on team and student evaluations.

### **Student care and protection**

All John Bentley School staff delivering SRE have undergone safeguarding training

All visitors are given a leaflet which they are expected to read and sign before they deliver to students.

Parents have the right to withdraw their children from all or part of any sex education provided, but not from teaching the biological aspects of human growth and reproduction necessary under **National Curriculum Science**. Alternative provision will be made.

Confidentiality guidelines/ boundaries are set by teacher and students at the start of a lesson to ensure that all are treated with respect.

Any complaints about the delivery are dealt with in the first instance by the Assistant Headteacher.

We offer a 'drop in' which includes a 'No Worries' service at John Bentley School. Information on this is put into the first newsletter of the year in September.

Students who decide to continue with their pregnancy are given full support to continue their studies both before and after the birth of their child.

### **Partnerships**

We have close links with LA advisors, school nursing team, local youth workers, GP practices and Pharmacists offering No Worries services.

### **Working with Parents**

Parents are advised of the SRE programme through the newsletter.

Copies of this policy can be found on the school website and will be available to parents on request.

We have engaged parents with relevant skills (midwives) to contribute to the SRE programme. They comply with our safeguarding protocols.

### **Drop in Centre**

This is located in S17 and staffed by external agencies using their own protocols approved by John Bentley School School.

Agencies involved to date are:

Police

Youth Workers who also operate a No Worries clinic

School Nurse

Local Church

## Staff Training and Support

PSHE coordinator and Head of Year leading the Well-being 2 team have undergone training in SRE. Training is undertaken in school and within the team. External training is delivered through 'Tool box' sessions and staff are encouraged to attend Wiltshire Council Personal Development and Education Team training when available and relevant.

## Appendix

1. PSHE Programme of Study (attached)

## Abbreviations

PSHE	Personal, Social and Health Education
SEND	Special Educational Needs and Disability
EAL	English as an Additional Language

## Version Control

Version	2.0
Approved	15.03.17
Committee	Teaching and Learning
Ratified	-
Statutory Policy	Yes
Review	June 2020

## **APPENDIX**

### **Programme of Study for Sex and Relationships Education**

Letter to go in first news letter of the Autumn term advising parents of the Sex Education Policy and their right to review the programme of study and withdraw their children from the PSHE part of the programme.

### **KEY STAGE 3**

#### **Year 7 Curriculum**

- Friendships
- Bullying vs Banter
- Puberty
- Self Esteem and Resilience
- Safe use of the internet
- Education on the risks of smoking

#### **Science (9 lessons) Reproduction module**

Covers: Reproduction in humans and other animals, including naming reproductive organs, fertilization, pregnancy, the menstrual cycle and growth and puberty

#### **Year 8 Curriculum**

- Self Esteem
- Safe use of the internet and texting
- Risks of alcohol
- Introduction to contraception and STIs
- Relationships

#### **Year 9 Curriculum**

- Drug education
- Are you ready for sex and delay dangers of sexting

### **KEY STAGE 4**

#### **Year 10**

PSHE Day

DAY 2:

- Sexual relationships – terms, the law and contraception
- Successful Parenting
- Handling risky situations
- Exploitive Relationships (police talk)
- 5 risks of porn

## **Year 11**

PSHE Day

- Abortion
- Risk of smoking and e-cigarettes
- Contraception
- Caffeine Drinks

**RS: Unit on Abortion – all students follow the course**

**GCSE: Child Development – Optional GCSE**

## **KEY STAGE 5**

**Year 12/13**

PHSE Day

- STIs
- Contraception
- Is this rape or consent?